

Amy Adams Time Schedule

Saturday:

Field Events:

11:00AM- Women's Hammer, Men's Javelin, Men's Shot Put, Women's Pole Vault, Men's Triple Jump

12:30PM – Men's Pole Vault, Women's Triple Jump, Men's Hammer, Women's Javelin, Women Shot Put

2:00PM – Men's Long Jump, Women's High Jump, Men's Discus

3:30PM – Women's Long Jump, Men's High Jump, Women's Discus

Track Events: ROLLING TIME SCHEDULE

11:30AM: Women's 10,000 Meter Run

Men's 10,000 Meter Run

Women's 2k Steeplechase

Women's 3k Steeplechase

Women's 100 Meter Hurdle Prelims

Men's 110 Meter Hurdle Prelims

Women's 100 Meter Dash Prelims

Men's 100 Meter Dash Prelims

Men's 2k Steeplechase

Men's 3k Steeplechase

Women's 4x100 Relay

Men's 4x100 Relay

Women's 1500 Meter Run

Men's 1500 Meter Run

Men's 110 Hurdles Finals

Women's 100 Hurdles Finals

Women's 400 Meter Dash

Men's 400 Meter Dash

Women's 100 Meter Dash Finals

Men's 100 Meter Dash Finals

Women's 800 Meter Run

Men's 800 Meter Run

Women's 400 Hurdles

Men's 400 Hurdles

Women's 200 Meter Dash

Men's 200 Meter Dash

Women's 5k Run

Men's 5k Run

Women's 4x400 Meter Relay

Men's 4x400 Meter Relay