

2023 OAC INDOOR TRACK & FIELD CHAMPIONSHIPS

MEET INFORMATION

- Meet Date:** Friday & Saturday, February 24-25, 2023
- Scoring:** Championship Scoring 8 places (10 - 8 - 6 - 5 - 4 - 3 - 2 - 1)
- Timing:** Wingman Timing - Live Results at wingmantiming.com
- Coaches Meeting:** Thursday, February 23rd at 6:00 PM via Zoom.
- Facilities:** 200 meter Mondo track surface (6 lanes turn / 8 lanes straight) Wooden circles for both the weight and shot put events
Only **1/4 inch Pyramid spikes** will be permitted. **Spikes will be checked!**
- Parking:** Bus drop-off will be on Tressel St. and teams will unload using the East doors of the Harrison Dillard Center. Buses will use the Fair ground parking lot off of East Center St. (~0.5 mile)
- Training Staff:** Baldwin Wallace Training staff will be on site Friday and Saturday. Please bring own supplies and a letter from your school's AT for treatment.
- Meet Results:** Live Results will be available online at wingmantiming.com
Results will be available online at BWyellowjackets.com
- Entry Procedures:**

1. Enter your athletes on DirectAthletics.com by 7:00PM on Wednesday, February 22nd, 2023. All entries need to be submitted at this time
2. Each school will be allowed to enter a maximum of twenty (20) athletes. More than 20 athletes may be entered into the meet if those athletes are ranked in the top 10 in an event in the final OAC performance list.
3. Each school is allowed to enter a maximum of one (1) relay per relay event.
4. For all entries, if the athlete/relay has a mark on the OAC performance list, the listed mark must be used for entry. Otherwise the entry mark will be changed to "no mark."
5. Entries must be submitted through DirectAthletics.com. After submitting your entries, print out a copy of your entries to check for accuracy.
6. A Performance List will be posted on wingmantiming.com by 9:00 PM on the Wednesday, February 22, 2023 to confirm all entries. Mistakes are to be reported to dasimpo@bw.edu immediately.
No corrections will be allowed after 10:00 AM on Thursday, February 23, 2023.

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BALDWIN WALLACE UNIVERISTY, BEREA OHIO

Friday, February 24, 2023

Time Event Gender Round

Field Events:

12:00 PM	Pole Vault Women Finals Long Jump Men Finals Weight Throw Men Finals
2:30 PM	Long Jump Women Finals Weight Throw Women Finals
3:00 PM	Pole Vault Men Finals

Running Events:

4:30 PM	500m Men Final
4:50 PM	500m Women Final
5:10 PM	400m Men Final
5:25 PM	400m Women Final
5:40 PM	55m Hurdles Men Prelims
5:50 PM	55m Hurdles Women Prelims
6:00 PM	55m Men Prelims
6:10 PM	55m Women Prelims
6:20 PM	5000m Run Men Finals
6:40 PM	5000m Run Women Finals
7:05 PM	DMR Men Finals
7:20 PM	DMR Women Finals

Saturday, February 25, 2023

Time Event Gender Round

Field Events:

10:00 AM	Triple Jump Women Finals Shot Put Men Finals High Jump Men Finals
12:00 PM	Triple Jump Men Finals Shot Put Women Finals High Jump Women Finals

Running Events:

2:30 PM	4 x 200m Relay Men Finals
2:45 PM	4 x 200m Relay Women Finals
3:00 PM	Mile Men Finals
3:15 PM	Mile Women Finals
3:25 PM	55m Hurdles Men Finals
3:35 PM	55m Hurdles Women Finals
3:40 PM	55m Dash Men Finals
3:45 PM	55m Dash Women Finals
3:50 PM	800m Run Men Finals
4:00 PM	800m Run Women Finals
4:10 PM	1000m Run Men Finals
4:20 PM	1000m Run Women Finals
4:30 PM	200m Dash Men Finals
4:50 PM	200m Dash Women Finals
5:10 PM	3000m Run Men Finals
5:30 PM	3000m Run Women Finals
5:50 PM	4 x 400m Relay Men Finals
6:00 PM	4 x 400m Relay Women Finals